

2023 VPMA - Annual Meeting and Scientific Seminar
Thursday, August 10th - Sunday, August 13th
Marriott Virginia Beach Oceanfront - Virginia Beach, Virginia

Thursday, August 10th, 2023

7:00 am Registration Opens

7:30am - 8:30am: Continental Breakfast

Session #1

8:00-9:00 - 2023 Updates in Opioid Management (Amber Bockin, JD)

9:00-9:30 - The non-healing diabetic foot ulcer - how to avoid falling into "wound maintenance" (Andy Meyr, DPM)

9:30-10:00 - STJ Instability: Does it Exist? (Jacob Wynes, DPM)

10:00-10:30 - BREAK

Session #2

10:30-11:00- Compartment syndrome in the foot and leg (Roland Ramdass, DPM)

11:00 -11:30 - Clinical pearls - what I wish I knew earlier in my career (David Pontell, DPM)

11:30 -12:00 - Managing LisFranc trauma (Jason Piraino, DPM)

12:00-1:00 - LUNCH

Session #3

1:00-1:30 - First MTP arthrodesis in HAV deformity (Jeremy Walters, DPM)

1:30-2:00 - Quantifying hypermobility in HAV deformity (Andy Meyr, DPM)

2:00-2:30 - My technique tips for a consistent, reproducible Lapidus (Jason Miller, DPM)

2:30-3:00 - MIS Applications in managing complex forefoot deformities (Blake Moore, MD)

3:00-3:30 - BREAK

Session #4

3:30-4:00 - ORIF versus fusion for Diabetic Ankle Fractures (Jake Wynes, DPM)

4:00-4:30 - Fibular Nailing (Blake Moore, MD)

4:30-5:00 - Ankle fracture gone wrong: getting out of a mess (Jason Miller, DPM)

BREAK FOR EVENING

Friday, August 11th, 2023

7:00 am Registration Opens

7:30am - 8:30am: Continental Breakfast

Session #5

8:00-8:30 -2023 Updates in Coding (David Freedman, DPM)

8:30-9:00 -Everyone says to use time vs MDM, is this realistic when I want to also do procedures? (David Freedman, DPM)

9:00-9:30 - These are my post-op protocols and why they work (Jason Piraino, DPM)

9:30-10:00 - Maximizing patient function following foot and ankle surgery (Hoke/Pettineo DPT)

10:00-10:30 - BREAK

Session #6 - Sports Medicine (AAPSM)

10:30-11:00 - Unique sports medicine case review (Peter Van Geertruyden, MD)

11:00-11:20 - Managing anterior tibial tendon pathology (Lee Firestone, DPM)

11:20-11:40 - Updates in running footwear, design and technology (George Lane, DPM)

11:40-12:00 - Limb Length Discrepancies (David Levine, DPM)

LUNCH 12:00-1:00

Session #7

1:00-1:30 - Advances in vascular techniques for limb salvage (Animesh Rathore, MD)

1:30-2:00 - Excision versus biopsy of lower extremity lesions (Dock Dockery, DPM)

2:00 2:30 - Neuropathy and Infection: Perseverance is Key (Jake Wynes, DPM)

2:30-3:00 - Toenail biopsies - when and how (Dock Dockery, DPM)

3:00-3:30 - BREAK

Session #8

3:30-4:00	(Robert Hallivis, DPM)/Bako?
4:00 -4:30 - Reconstructing the rheumatoid foot	(Jake Summers, DPM)
4:30-5:00 - TAR	(Jason Piraino, DPM)
5:00 - 5:30 -Ankle arthrodesis	(Mark Hofbauer, DPM)

BREAK FOR EVENING Saturday, August 12th, 2023

7:00 am Registration Opens
7:30 am -8:30 am - Continental Breakfast

Session #9 - Case Presentation - Where I went wrong and what I learned in the process

8:00-8:20 -	(Jake Summers, DPM)
8:20 -8:40-	(Brad Levitt, DPM)
8:40-9:00-	(Andy Meyr, DPM)
9:00-9:20 - Pilon	(Mark Hofbauer, DPM)
9:20-9:40-	(Roland Ramdass, DPM)

9:40-10:00 - PANEL DISCUSSION

10:00-10:30 - BREAK

Session #10

10:30-11:00- Dry, cracked, fissured heels	(Dock Dockery, DPM)
11:00-11:30- Clinical and surgical efficiency	(Jake Summers, DPM)
11:30-12:00 - Update on behalf of APMA	(Alan Block, DPM)

12:00-2:00 LUNCH / ANNUAL VPMA MEETING

Session #11

2:00-2:30- Dr. Chirtea Memorial Lecture - Hindfoot arthrodesis for post traumatic calcaneal deformity	(Corine Creech, DPM)
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2:30-3:30- PICA Risk Management Lecture

3:30 -3:45 - BREAK

3:45-4:05 - The “flipper foot” and why it makes sense (Brad Levitt, DPM)

4:05 4:25 - Achilles tendon injuries (Mark Hofbauer, DPM)

4:25-4:45- MIS applications in treating retrocalcaneal pathology (Corine Creech, DPM)

4:45-5:15 - Benign lower extremity growths (Dock Dockery, DPM)

5:15 - 5:30 - PANEL DISCUSSION

BREAK FOR EVENING

**Sunday, August 13th, 2023
Session #12**

8:00-8:30- Emergency Medicine (Barry Knapp, MD)

8:30-9:00 -MIS Hallux Valgus correction (Corine Creech, DPM)

9:00-9:30 - Plantar plate/lesser MTPJ pathology (Richard Bruno, DPM)

9:30-10:00- What is electromagnetic energy and how it changes our patients and practice (A. Ben Pearl, DPM)

10:00-10:30 - BREAK

10:30-12:30 - RESIDENT CASE PRESENTATIONS - EVMS AND INOVA

10:30-10:50

10:50-11:10

11:10-11:30

11:30-11:50

11:50-12:10

12:10-12:30