

**Virginia Podiatric Medical Association • Annual Meeting and Scientific Seminar**  
**Thursday, May 30 – Sunday, June 2, 2019**  
**Norfolk Marriott Waterside • Norfolk, Virginia**

<b>Thursday, May 30, 2019</b>	<b>Updated as of 03/29/19</b>	
7:00 am	Registration Opens	
7:30 am	Continental Breakfast	
8:00 am – 6:00 pm	General Sessions for DPMs Begin	
8:00 am – 8:30 am	<b>Opioid Management I</b> <i>An unrestricted educational grant from The Doctors Company supports this activity.</i>	Rodney S. Dillman, Esquire
8:30 am – 9:00 am	<b>Opioid Management II</b> <i>An unrestricted educational grant from The Doctors Company supports this activity.</i>	Rodney S. Dillman, Esquire
9:00 am – 9:30 am	<b>Review of Biomechanics of the Foot Ankle</b> <i>An unrestricted educational grant from SoleSupports supports this activity</i>	Edward Glaser, DPM
9:30 am – 10:00 am	<b>Update on Venous Disorder Management</b> <i>An unrestricted educational grant from Center for Vein Restoration supports this activity</i>	Keith Nichols, MD RPVI
10:00 am – 10:30 am	Morning Refreshment Break	
10:30 am – 11:30 am	<b>Diabetic Neuropathy Update</b>	Carolina Casellini, MD
11:30 am - Noon	<b>Why Bones Don't Heal: Medication/Co-Morbidities/Treatments</b>	Mark Dollard, DPM
Noon – 1:00 pm	Buffet Lunch	
Noon – 6:00 pm	Exhibits Begin Setting Up	
1:00 pm – 1:30 pm	<b>Ankle Arthritis and Implants</b>	Alex Gorenshtein, DPM
1:30 pm – 2:00 pm	<b>Ankle Arthritis/ Total Implants Update</b>	Scott Carrington, DPM
2:00 pm – 2:30 pm	<b>Paralytic Deformities: Tendon Transfers</b>	Roland Ramdass, DPM
2:30 pm – 3:00 pm	<b>Ankle Stabilization with Arthroscopic Two Ligament Approach</b>	Laurence Rubin, DPM
3:00 pm – 3:30 pm	Afternoon Refreshment Break	
3:30 pm – 4:00 pm	<b>35 years of Flatfoot Surgery: Perspectives</b>	Mark Dollard, DPM
4:00 pm – 4:30 pm	<b>Flatfoot Surgery: Technique Variations</b>	Mark Dollard DPM
4:30 pm – 5:00 pm	<b>PTTD Syndrome</b>	Luke Vetti, DPM
5:00 pm – 5:30 pm	<b>Hallux Rigidus 1: Comparative Review of Implants Vs Arthrodesis</b>	Simon Mest DPM
5:30 pm – 6:00 pm	<b>Hallux Rigidis 2: Alternative Treatments</b>	TBA

**Contact Mark Dollard, DPM, Seminar Chair for additional information:  
mdollard@erols.com**

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<b>Friday, May 31, 2019</b>		
7:00 am	Registration Continues	
7:30 am	Continental Breakfast in Exhibits	
8:00 am – 6:00 pm	General Sessions for DPMs	
8:00 am – 8:30 am	<b><u>Charcot: What Causes It?</u></b>	William Grant, DPM,
8:00 am – 9:00 am	<b><u>Charcot reconstruction: Beam It?</u></b>	William Grant, DPM
9:00 am – 9:30 am	<b><u>Charcot Reconstruction: Frame It?</u></b>	Bradley Levitt, DPM
9:30 am – 10:00 am	<b><u>Charcot Reconstruction: Plate It?</u></b>	Roland Ramdass, DPM
10:00 am – 10:30 am	Morning Refreshment Break in Exhibits	
10:30 am – 11:00 am	<b>1st Ray Hypermobility Where Does It come From?</b>	Andrew Meyr, DPM
11:00 am – 11:30 am	<b>LAPIDIS: Is it the standard for large IM deformities?</b>	Robert Hallivis, DPM
11:30 am – 12:30 pm	<b>Large 1st ray Deformities: Proximal Osteotomies vs Lapidus: How do we choose?</b>	Mark Hofbauer, DPM
12:30 pm – 1:00 pm	Lunch	
1:00 pm – 6:00 pm	General Sessions Resume	
1:00 pm – 1:30 pm	<b>LisFranc Examination: What are we looking for and what are we missing?</b>	Andy Meyr, DPM
1:30 pm – 2:00 pm	<b>LisFranc Trauma: What do we do now?</b>	J. Randolph Clements, DPM
2:00 pm – 2:20 pm	<b>Syndesmology Injury: What are We Looking for and What are We Missing?</b>	Andrew Meyr, DPM
2:20 pm - 3:00pm	<b>Syndesmotic Joint Injury</b>	Michael Campbell MD
3:00 pm – 3:30 pm	Afternoon Refreshment Break in Exhibits	
3:30 pm – 4:00 pm	<b>Ankle Fractures: An Overview of the Basics</b>	Andy Meyr, DPM
4:00 pm – 4:30 pm	<b>Minimally Invasive Fracture Management</b>	Michael Campbell, MD
4:30 pm – 5:00 pm	<b>Posterior Malleolar Fractures: Why have they been so neglected?</b>	Randy Clements DPM
5:00 pm – 5:30 pm	<b>Tips for Intramedullary Nailing</b>	Randy Clements DPM
5:30 p.m.-6:00pm	<b>Case Experience with Revisional Ankle and Rearfoot Surgery</b>	Mark Hofbauer, DPM

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<b>Saturday, June 1, 2019</b>		
7:00 am	Registration Continues	
7:30 am	Continental Breakfast in Exhibits	
8:00 am – 6:00 pm	General Sessions for DPMs	
8:00 am – 9:30 am	<b>Mid-Atlantic Region of the American College of Foot &amp; Ankle Surgeons Presentations</b>	
8:00 am – 8:30 am	<b>Complications: TBD</b> <i>An unrestricted educational grant from the Mid-Atlantic Region of The American College of Foot and Ankle Surgeons supports this activity.</i>	Roland Ramdoss, DPM
8:30 am – 9:00 am	<b>Complications: TBD</b> <i>An unrestricted educational grant from the Mid-Atlantic Region of The American College of Foot and Ankle Surgeons supports this activity.</i>	Laurence Rubin, DPM
9:00 am – 9:30 am	<b>Problems with the Diabetic 1<sup>st</sup> Ray</b>	David Pontell, DPM
9:30 am – 10:00 am	<b>Plastic Surgery to the Rescue!</b>	John Mancoll, MD
10:00 am – 10:30 am	Morning Refreshment Break in Exhibits; Exhibits begin move out after break.	
10:30 am – 11:00 am	<b>Pediatric Evaluation</b>	Luke Vetti, DPM
11:00 am – 11:30 am	<b>Pediatric Physeal Injuries</b>	Patrick Agnew, DPM
11:30 am – 12:30 pm	<b>Frieberg infractions</b>	David Pontell, DPM
12:30 pm – 2:00 pm	Annual Meeting of the Membership Lunch Provided	
12:30 pm – 2:00 pm	Non-Member Luncheon	
2:00 pm – 6:00 pm	General Sessions Resume	
2:00 pm – 3:00 pm	<b>Overview of Common Skin Malignancies</b>	
3:00 pm – 3:30 pm	Afternoon Refreshment Break	
3:30 pm – 4:00 pm	<b>Medicare Update:</b>	Dave Freedman, DPM
4:00 pm – 4:30 pm	<b>Coding Update</b>	David Freedman DPM
4:30 pm – 5:30 pm	<b>Impact of Social Media on the Podiatry Practice</b>	
5:30 pm – 6:00 pm	<b>Building a Practice Within a Practice</b>	Robert Toomey, DPM

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<b>Sunday, June 2, 2019</b>		
7:00 am	Registration Continues	
7:30 am	Continental Breakfast	
8:00 am – 1:00 pm	General Sessions for DPMs	
8:00 am – 8:30 am	<b>Regenerative Medicine: Wound Care Substitutes</b>	Patrick Agnew, DPM
8:30 am – 9:00 am	<b>Regenerative Medicine: Stem Cell Injections</b>	Ben Pearl, DPM
9:00 am – 9:30	<b>Surgical Augmentation: Mesenchymal Stem Cells , PRP Subchondroplasty, Biocartilage Allografts</b>	Bob Toomey, DPM
9:30 am – 10:00 am	<b>Update on Skin Graft Substitutes</b>	Robert Hallivis, DPM
10:00 am – 10:30 am	Refreshment Break Hotel Check out	
10:30 am – 11:00 am	<b>Incorporating New technologies into Your Practice: EPAT, Lasers, Stem Cell Injections</b>	Ben Pearl, DPM
11:00 am – 11:30 am	<b>Rheumatoid foot: Preoperative Medical Evaluation</b>	Andrew Meyr, DPM
11:30 am – Noon	<b>Rheumatoid Considerations</b>	Patrick Agnew, DPM
Noon – 12:30 pm	<b>Rheumatoid Reconstruction</b>	David Pontell, DPM
12:30 pm – 1:00 pm	<b>Topic TBA</b>	Speaker TBA
1:00 pm	Meeting Adjourns	

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